

STARS 'N' STRIPES

THE RESIDENT NEWSPAPER OF THE IOWA VETERANS HOME

By the residents, for the residents.

MISSION STATEMENT:

"To disseminate information regarding veterans care, entertainment and goodwill."

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Marshalltown, Iowa 50158

Korean War Memorial Recognized

By Staff Writer

This page is dedicated to Marlin Olson, Jack Miller, William "Buzz" Moore, Vern Evenson and countless other individuals who made this Korean War Memorial a reality. It was these people who were very dedicated in seeing that this project was started from a design on paper to the actual monument itself.

The dedication began in the Malloy LRC with Steve Mulcahy, Chair of the IA Commission of Veteran Affairs as Master of Ceremonies. The American Legion Post 410 Wa-Te-Sa from Mayetta, Kansas did the posting of Colors as well as the 21 Gun Salute at the memorial. IVH Chaplain Craig Nelson presented the benediction prayer. We had the honor of Senator Jack Kibbie, who is President of the Iowa Senate, speak. IVH Resident Council President, Ken Thomas gave us the history on how the memorial came about for this event.

Despite the moderate rain showers, IVH continued with the Korean War Memorial dedication service. There were many visitors that came from Marshalltown, Tama, as well as Mayetta and Emmett, Kansas.



Korean War Memorial



Left to right is: Ted Sprouse and wife and Clyde Papakee and wife

Memorial Continued



American Legion Post 410 and Color Guard Wa-Te-Sa from Mayetta, Kansas



Rep. Mark Smith and guest



Wreath laying by Clyde Papakee



PTSD: What You Can Do

By Don A. Laughlin, resident, Malloy 2 South

It's been called many things: shell shock, combat fatigue, mental hysteria and now PTSD. Post traumatic stress disorder is a common problem for veterans in combat. I want to give you my perspective as someone who suffers from PTSD from serving in combat in the Korean War.

PTSD is a result of doing things we wouldn't normally do, and things that were very traumatic and at times went against what we thought to be right. PTSD is something that's inserted in your mind and you can never get out, and you don't know what triggers it. Smells, sounds and sometimes, like the 4th of July can be the worst times. When you hear the backfire from a car engine or smell from a truck, it's fear, which in my case goes up your spine. I want to run and hide, but I don't know where. And some of these psychologists don't have the answer. Some think they do, but sometimes they're just blowing smoke.

You need to learn to live with it, so it's important to talk about it so it relieves pressure. Some medications help, some actually trigger it and it's very important to work closely with your psychologist.

The effects on the veteran:

Tell those at home what it would be like when their loved ones come back, how they'll be changed. Everyone is different. Put yourself in their shoes. When you try to go to sleep and the first thing you think about are mortars and bombs going off; and whether or not you're going to make it through another day. When they come home it doesn't change. Smells and sounds will take them right back—diesel, thun-

derstorms, helicopter sounds. Certain music, like heavy metal, may trigger you to go back or something somebody says will send you back. Silence can be even worse, not knowing what will happen next; and you always worry, which sometimes triggers it back.

Some veterans seem angry and they can't control their emotions. They may feel like they're lost. You have to find a way to guide them—some use religion, some use astrology and some use drugs and alcohol. If you're confused, try using music as a crutch. Use it to hang on to.

Ways Vets can help themselves:

Music releases part of the hurt, it gives you more of a feeling of happiness. It might be short-lived, but music soothes the soul of one who has been lost for a long time, when you didn't know if you'd wake up with a sound or shattered. Go to a VA or psychologist, because it can be healing to talk and it may be appropriate to talk to someone who knows how to help you out of it even though it may or may not be temporary. Be patient with yourself, you can do anything you want to do if you want to do it bad enough. All you have to do is want.

Ways that family/friends can be supportive:

Don't have an "I know it all" attitude. You have to believe that whatever the vet says happened or what they feel is very real. It's not made up, don't accuse them of whining. Watch carefully for signs of suicide, it can happen to anyone. Watch the ways they talk, what pills they take, what they're drinking. Don't try to be judgmental, don't argue or beat them down; give them a hand to help and be patient.

Statehouse Issues



*By Mark Smith,
State Representative*

Dear Friends at IVH,

I am writing this during the last part of October and the election is coming up. At this time, I don't know the outcome of the election, so I am looking forward to the honor of two more years as your State Representative. I have been working on a number of issues related to the Veterans Home. These include appropriate language in the IVH legislation so that staffing can be handled in the manner it was while the agency was a charter agency. Second, I have listened to a number of concerns about how the personal needs accounts and incentive pay jobs work. I am seeing if there is more we can do in that regard. The budget proposals have already been submitted by IVH to Governor Culver and currently his staff is reviewing the proposal for the FY 2009 budget. I continue to support adequate funding so that we continue to have the best veteran's home in the nation.

I am pleased that 2007 and 2008 brought a number of political candidates to IVH. I think that illustrates how important your participation in our elections is.

If I am fortunate enough to prevail in the November 4 election, I look forward to the Veterans Home Choir coming to the Statehouse again in January. I also will be looking forward to another two years of meeting with you on a monthly basis. My plans are to be at the Malloy LRC on November 24 at 9 a.m. for our "town hall meeting." Have a Happy Thanksgiving.

-Mark



Editorials & Opinions

CORPORATE RESPONSIBILITY

There does not seem to be any corporate responsibility or ethics any more as shown by the Bank and Insurance Crisis the last few weeks. When corporations are paying for secretaries nails to be done, something is wrong. We need to devise some type of a system to monitor these people. Maybe the government buying into these banks so they have a handle on them and can squeeze at the right minute, it will bring some of these corporations to their knees. This has had world wide repercussions. Germany and England have suffered immensely. Thailand was insured mainly by AIG and now the government is having to back up the policies. And as usual the people at the top responsible get away with murder. To cause world wide economic havoc should have to make someone responsible. **KLW**

ways have someone in front of them at all times. They will get there money's worth out of those!!



BILLIARD TABLES AND GAMING MACHINES

A **BIG THANKS** to the recreation department for the new billiard tables, chairs, queue holders, and lights. It is a real class act. How about those new gaming machines? You have to wait a week to get on one. They seem to al-



Editorial disclaimer and policies

The views and opinions set forth in the *IVH Stars & Stripes* are those of its editorial staff, correspondents and contributors. They do not necessarily reflect the official position of the Iowa Veterans Home administration, staff or Resident Council; the State of Iowa and its agencies; or any other veterans' organization. IVH residents and those in its community are encouraged to submit their own articles, stories, announcements and photos. If an article is from the internet, book/magazine or another newspaper, written permission from that source is needed before the article will be re-reprinted. Submissions become the property of the editorial staff. All letters to the editor must be signed, or they will not be printed. In certain cases, if requested, names may be withheld from publication. Letters must be no more than 350 words in length. Drop boxes for letters are located in Sheeler, Malloy and Dack halls. **We reserve the right to edit letters and all other submissions for length, grammar, factual accuracy, libel and good taste.** Send all correspondence to Stars & Stripes Office Dack Hall or the, Resident & Family Services, Dack Hall. Submissions also may be sent electronically, via our e-mail

PARENTAL QUOTATIONS FROM THE 50'S AND 60'S

1. Don't pick your nose it will bleed.
2. If you set too close to the television it will make you cross-eyed.
3. I'm not through talking to you young man/lady.
4. Sit up straight, or you will have a crooked back.
5. You're unbelievable.
6. Use your head for once.



We are so delighted just knowing our children will go to Harvard when they turn 18.

PLEASE OBEY THE SIGNS

For those drivers that drive on the IVH property, this is a few definitions of some of the traffic signs that cause some of the controversy on IVH.

Stop Sign:

A stop sign is red, with white letters, and has eight sides. It means you must come to a full stop. You must wait until

crossing vehicles and pedestrians have cleared. You must stop at the stop line if one is present. If necessary, you may then pull forward to the stop sign or the edge of the intersection and then proceed when it is safe to do so.



Speed Limit Signs:

These signs indicate the maximum or minimum safe speed that is allowed. The maximum limits are for ideal conditions and you must reduce your speed when conditions require it, such as when the roadway is slippery (during rain) or it is difficult to see clearly down the road (during fog). Some high speed roads have minimum speed limits. If this minimum speed is too fast for you, then you should use another route.



Farmin' Like It Used To Be

By Ken Wilson

COUNTRY DOCTORS

Well most of what I will write about was before my time. Most people my mother's age were born at home in the bedroom of a farmhouse. The doctor would arrive when called and perform the delivery then. I don't think there were any midwives in the rural areas but I certainly could be wrong. I just don't know of any. Attending births was a big part of a doctor's business. My grandparents had 8 children and needed them to help run the farm.

Many doctors in the early 1920's would still make house calls for very sick people or the elderly. Our Doctor in Brooklyn, Iowa came out to see my grandfather in the 1950's when he was too sick to go in. They served the customer instead of the customer catering to the doctor's needs. Even some of the smallest rural towns of 100-200 people might have a doctor. My home town of 700 had 2 all the time I was growing up.

I remember the little white pill boxes where the inside slipped out like a match box and the instructions were written on them in the doctor's own handwriting. The doctor dispensed much of his own medicines. The liquids were in brown bottles with hand written labels. They

were dark brown to keep the light out. Most early doctors did not have nurses. Nurses in doctor's offices came in after the War. Sometimes there was just an office manager. In the larger towns doctors started pairing off in the early 50's in order to take less calls and be home with their families more.

I remember in 1961 having the flu and passed out in the doctor's office. I ended up in the hospital for 3-4 days. My room was at the exit where they took dead bodies out to the hearse. I was looking out the window while eating breakfast when one of them past by. Needless to say breakfast was finished.

My favorite hospital-doctor tale takes place about the time I was 7 years old. I broke my arm horsing around with the boss's kid. When my mother took my T-Shirt off I **KNEW** it was broken. She called the Doctor's office and they said Dr. Korfmacher was at the Catholic Hospital-St. Francis. As I entered the door I saw all these nuns. Having had no experience with them what so ever I immediately though "**witches**"!! One of them escorted me to the X-Ray table and as she clicked the camera down I thought "My arm is bad and this witch is going to cut it off!" I still laugh about it and use is to demonstrate a child's idea. perspective

A visit to the Wall

By Kim Marsh, Music Therapist

On Thursday, August 14th, Dr Minear and Kim Marsh took several residents to Vinton to visit the Traveling Vietnam Wall. The day was bittersweet for most, as it was such a beautiful day and the company and conversation were all good, yet it was somewhat heartbreaking to see all of those names on the wall and for some it was difficult to remember.

James Jenness, Ron Shaffer, Steve Burke, Larry Miller and Dewitt Johnson spent the day remembering, paying their respects and honoring those who gave their lives in Vietnam. There was a very nice service held when we first arrived and they proudly announced that there were representatives from IVH and had them stand and be recognized. After the service there was time to look at the wall and the items in the display case. We were then treated to lunch at the local VFW and headed for home.



More pictures on next page

Native American Proverbs

By Terry "Graywolf" Maus

It is better to have less Thunder in the mouth and Lighting in the hand. Apache Wisdom

Tell me and I'll forget. Show me, and I may not remember. Involve me, and I'll understand. Tribe unknown

If we wonder often, The gift of knowledge will come. Arapaho Proverb

Our first teacher, Is our own heart. Cheyenne Wisdom

When a man moves away from nature His heart becomes hard.

Lakota Proverb



Poetry Page

NOT FORGOTTEN

You know, God, this poem is dedicated to Zeb tonight, and when any veteran or friend dies, I feel it's not right. I truly understand that you are the Higher power that brought us here, and now you often let us know when death is near.

I also understand that your love is divine, but it is do hard when others or I lose a friend of mine. And when death comes home, we must live on, another day. With the knowledge that death will come our way. God, I think that most of the human race knows that you are out there, and in your special way you make us aware. You have given me words that I would not normally write, but I pray that you will keep Zeb in our dreams tonight.

PEACE

HENRY HUBBARD



Ghost and Ghouls

It's that time for creatures in the night to come and give us a scare.

Zombies, Super Heroes, Mummies, Witches, and countless others beware. Hence, they will come forth in search of candy, Carmel apples, gum, and even money. So, open your doors if you dare.

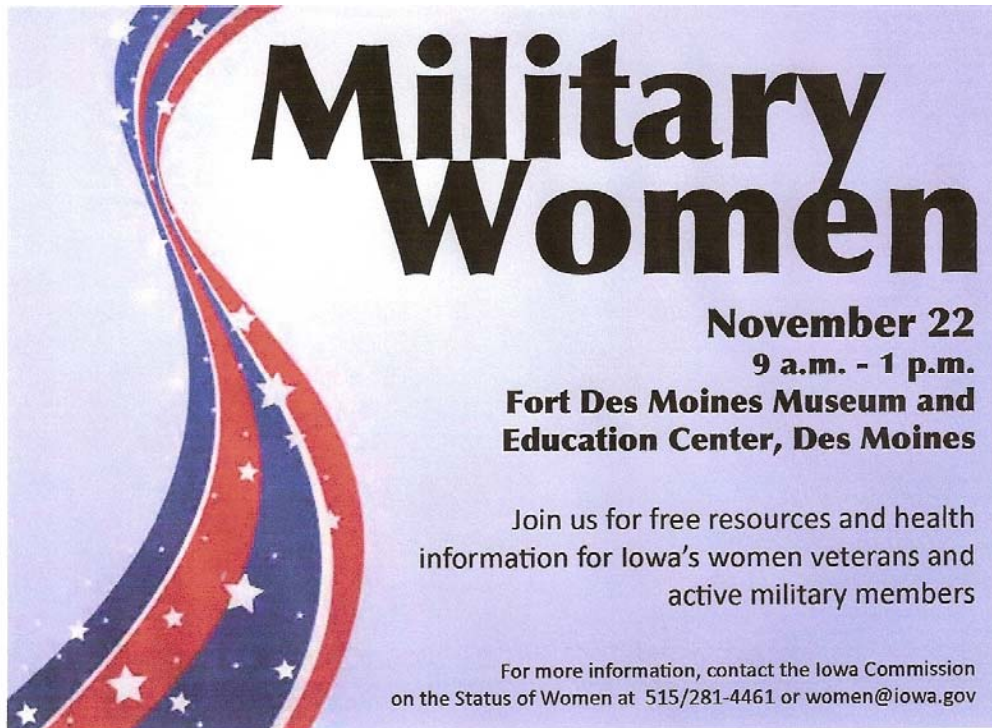
Trick
Or
Treat

By an anonymous writer



Former Presidential Nominee John Kerry visits IVH

Senator John Kerry visited the Iowa Veterans Home on October 15th. He and other elected officials toured the IVH and spoke to residents, staff, and community members.



Military Women

November 22
9 a.m. - 1 p.m.
Fort Des Moines Museum and Education Center, Des Moines

Join us for free resources and health information for Iowa's women veterans and active military members

For more information, contact the Iowa Commission on the Status of Women at 515/281-4461 or women@iowa.gov

Oklahoma National Memorial and Museum

By Sheryl Nuehring/Heinz Hall

I was fortunate to observe the around the world Clocks that show time around the world at the Oklahoma National Memorial and Museum September 8, 2008. You could pick what you wanted to start with. Olive Norem and I decided to do the memorial first. She was so angry at 3 people who didn't know that if they were caught what the outcome would be. There was chaos to America. I didn't know what to think. Before we went in I weaved a small flag in the memorial fence.

Things didn't hit me until we went to the museum which is a self-tour. Once in awhile someone would speak of a chief point of interest. The first part was the history of that bomb the why and how Timothy McVey had done it as soon as the tour starts you hear 911 accounts of that dreadful day that goes on until the tour ends. The reading had just started at the Oklahoma Water Board Resources at 9:00 a.m. The room we were in was set-up like that room. We experienced something I'm telling you about because you must experience it yourself.

Next are the archive rooms. The archives are building parts, auto parts, and personal items from the wreck. There are monitors along the way you can touch to hear survivor and rescue accounts. Monitors have news reporters relaying the bombing news bombing news unfolds. Wall plaques have valuable information about the bombing. Since everyone came

together so efficiently and worked well together Oklahoma now has what is called the: "Oklahoma Standard".

A key piece of evidence and recovery operations. There are many cards and letters of concern displayed. At the end special ceremonies were noted. The gallery of honor for those killed is there. You share the enormity of loss. Behind the scene accounts of Timothy McVey and the other trials are present. Pat Lopez's courtroom drawings are there. Experience the rebuilding of the community through milestones and ceremonies. Sign the registry or share your own thoughts. Children were taught about the bombing. There's a special exhibit gallery. Don't forget to stop at the Memorial Store, those funds keep the memorial and museum going.

One tree, an Elm, survived the bombing. This tree is well taken care of by horticulturists. It is portrayed on a lot of books, pamphlets, magnets, and clothing which is sold on the site. A start of the tree was sent to Ground Zero in New York. Hanging from the ceiling are golden cranes sent from Japan. They're small, with spiritual filled handmade icons that stand for peace. It's so thoughtful they sent them. I hope my writing has moved folks about terrorism as much as my tour. Don't ever lose your sense of Democracy.

See Photo on next page



Sheryl Nuehring next to the small flag she wove and placed in the memorial fence at the Oklahoma National Memorial and Museum.

Remembering the Veterans

In September I was fortunate to have visited Branson, Mo. I went to a lot of shows and rode the **"Duck" A land and water tour vehicle**. Somehow during a show or ride the Veterans were remembered. Hats off to those who served.
Sheryl Nuehring/Heinz Hall



Our Wheelchair Lift

For those who do not know we have a new wheelchair lift made specifically for manual wheelchairs only. It is also equipped with a telephone if someone gets stuck. Once it gets its final approval it will be fully operational. We certainly hope by the end of the year. Kathy Shannon/Maintenance Dept. will keep us updated.



Chapel Events for November

Videos for November are:

Videos-

Tuesdays at 3:00 pm:

Great Figures of the New Testament:

November 4: Martha, Mary, and Lazarus

November 11: No Video due to holiday

November 18: John and James, the Sons of Zebedee

November 25: Joseph, Magi, and Shepherds

A Thanksgiving Service will be held November 26 at 1:30 p.m. in the IVH Chapel

November 30th is the first Sunday in Advent. Starting Monday, December 1st from 7:30 to 7:45 a.m., we will be having Advent Devotions led by residents and staff each weekday in the IVH Chapel. Please plan on joining us for these services. If you are interested in leading one of these devotions please contact one of the chaplains:

Angela Doty X512, Rosemary Vaske X503 or Craig Nelson X279.



Midwest Phrases

By Ken Wilson

Midwest Phrases originates from a book called "A Hog On Ice" by Charles Earle Funk

This month's phrase is "Lock, stock, and barrel." Today we would say "The whole works," and mean the same thing. The expression is American in origin and through the earliest literary records appears to be in one of T.C. Halliburton's "Sam Slick" series. It probably goes back at least to the American revolutionary war. The three items of which the expression is comprised are the essential components of a gun—the barrel, the stock and the lock, or firing mechanism. In other words, the entire gun; the whole thing; the entirety.



Perhaps you sent a lovely card,

Or sat quietly in a chair;

Perhaps you sent beautiful flowers,

If so, we saw them there.

Perhaps you sent or spoke kind words

As any friend could say;

Perhaps you were not there at all

Just thought of us that day.

Whatever you did to console the
heart,

We thank you so much, whatever the
part.

The Family of Rhonda Casey



Improving Your Vocabulary

Do you know the definitions of these words?

1. Repudiate
1. Wrongheaded
2. Multifarious

Answers on back page.

A Reminder From The Weight Management Support Group

Do you struggle with weight loss? Are you looking for a way to help control your weight? Then come join the resident support group "Waist Watchers". The support group will include educational information, discussion and guest speakers. The Support Group meets in the Resident and Family Services conference room located in the Dack building on the Dack main floor every other week. The next meeting is scheduled for November 7 at 10 am.

If you are unable to attend and would like to come to the next support group, please contact Sandra Frahm at extension X280.



Franklin Elementary Kids Had A "Spooktacular" Time With Staff and Residents Here at IVH



Time Capsule Trivia

Submitted by Sue Sumpter/Reprinted with permission from Reminisce Magazine

From the decades spanning the 1920s to the 1960s, try to guess what year these historic events took place. The answer is given below, but no peeking!

1. In June, astronaut Edward White is the first American to make a "space walk," drifting outside his Gemini IV space capsule for a record 22 minutes. It is one of five Gemini missions this year as America's space program captivates the nation.
2. On November 9, an unexpected power surge strikes the Northeast power grid a little after 5 p.m., and East Coast power plants fall like dominoes. More than 30 million people in New York, Maine, Massachusetts, Connecticut, Vermont and New Hampshire endure the massive blackout for several hours.
3. In boxing, Cassius Clay knocks out Sonny Liston in a rematch to retain his heavyweight title. The champ then announces he is a Black Muslim to be known as Muhammad Ali.
4. The TV show *Get Smart* debuts, with Don Adams as bumbling secret agent Maxwell Smart (Agent 86) and Barbara Feldon as his beautiful and brilliant partner (Agent 99). The show is a spoof of another outlandish TV spy show, *The Man from U.N.C.L.E.*, and both feed on the popularity of movie super spy James Bond.

5. Julie Andrews, as a free-spirited governess, wins the hearts of the seven Von Trapp children and their father, along with movie audiences everywhere, in the box-office smash *The Sound of Music*. Other popular films this year include *Cat Ballou* and *Doctor Zhivago*



The Newest Blessing and Farewell Quilt

*By Staff
Writer*

After the first Blessing and Farewell quilt was finished, Mavis thought it would be a nice idea to have blocks made by volunteers, residents, or staff members. So she put out the word. Lois Bolger from Waverly Iowa had wanted to try quilting. She sent in two blocks. They were beautiful, she enjoyed her new found hobby so she kept making more. Harriet Elder, from Marshalltown, an experienced quilter from Marshalltown and long time member of Navy Mothers 824, brought in blocks also. She was enjoying working with the red, white, and blue fabric. Before long Mavis had enough blocks to make a quilt. The colors from the two ladies worked well together. A logo block was completed by Mavis and the top was assembled again entirely by donations. Many thanks to the above person's including: Sara Schwab: mother of Lisa Blabaum: social worker here at IVH, Blanche Fisher, Nadine Thomasson, Lois Sherwood, Cody Homire, and Edna Heitmann. If you wish to help out with these projects contact Mavis at extension 433. She is located at the sewing room in the Malloy basement.



The Ache of Autumn

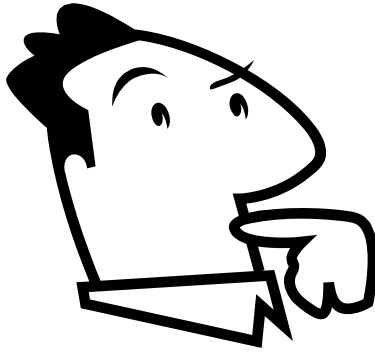
Submitted by Marie Molloy

Leaves are letting go of green brushing their wings against the edges and colors of death, turning their cheeks to autumn. It amazes me: how beautiful the colors of death. It fears me: the give-away of green. It aches me: thinking of long days when even leaves of color of death no longer pattern paths of time, when only winter and its bare wood hang in frosted air. I wonder about the ache... I wonder if Jesus ever walked thru autumn, ever hurt to hear the crunch of leaves in dying colors. I wonder if He ever looked winter in the eye with an autumn heart. It seems to me He must have— He who knew the greatest aches He who loved thru every season He who knew the green that lay beneath the dying colors. Yes, it seems to me that Jesus must have known the colors and aches of autumn... the leaves of paschal mystery. Joyce Rupp. ** this is the author's spelling.



Thinking Out Loud

By Ken Wilson



- 1) I am getting to the age where you can't remember first names and phone numbers. By the time they come up 2 hours later you have forgotten what you wanted them for! **This is actually so true it is sad.**
- 2) Have you seen Dan Steen's little red car yet? How does he fit in that thing??? I watched him get out of it one day and was simply amazed!! I asked him about it the other day and he said "I don't fit into **any** car good!"
- 3) So I assume next spring there will be a lot of construction around here?
- 4) Well Jan 24 until Feb 15 I am doing the last **HURRAH** of my life. I am going to Thailand to see a lady I met on the Internet.
- 5) Why is it that just the minute you crave ice cream in the canteen the machine is down for cleaning???
- 6) How about the new Dack—Malloy wheelchair lift? It will be interesting to see how that works. Looks to me like it should have dual controls one on each side.
- 7) Does the ramp between Dack and

Jane Jech Iowa House

September 23rd, 2008

Thank you to all of you who joined me back in September (Wed. Sept. 22nd) to discuss issues that are important to you. I want you to know that I listened to all of your questions, concerns and suggestions. There was new information and ideas that I hadn't heard before! I've been doing a lot of thinking about all of it. I'd like to briefly recap the commitments I made to you, Veterans, in the meeting.



If I am elected to be your next State Representative you can count on me . . . To make sure you are informed about what is happening in all of Iowa and how it impacts you . . . To always stand on the side of freedom . . . To make sure I am appointed to the Legislative Committee on Veteran's Affairs . . . To work to make sure Veterans are high on the priority list for funding and to fight for issues that are important to you. I believe the number one responsibility of our government is to keep us safe. Our responsibility is to do the very best we can to provide for those who fight for our safety and freedom.

Keep working to make your community a better place! When you work for a cause bigger than yourself the rewards are great! By the time you read this, Congressman Tom Latham will have joined me in a visit to the Veteran's Home

Showing Respect for Vets!

Candidate for State Representative

Malloy belong to both or to one or the other? Or maybe it is a world of its own.

- 8) Well some of the dogs at IVH are working out and some are not. The Malloy 2 South dog got the boot!

What's New In The Peterson Library

Books

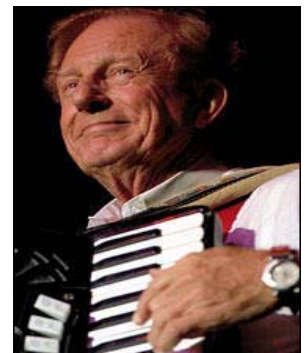
Chicken soup for the veteran's soul/
Canfield, Jack
Evil under the sun/Christie, Agatha
Murder at the vicarage /Christie, Agatha
murder is announced, A/Christie, Agatha
murder of Roger Ackroyd, The/Christie,
Agatha
Mustard seeds/Coulter, Lynn.
Memorial Day/Flynn, Vince.
Protect and defend/Flynn, Vince.
Afghan, The/Forsyth, Frederick
Life in the balance/Graboyes, Thomas B. /
Zheutlin,
Deadly Night/Graham, Heather
Great Trek, The/Grey, Zane
Liberty/Keillor, Garrison
Reunion/Kingsbury, Karen / Smalley, G
Historian, The/Kostova, Elizabeth
Cedar Cove Christmas, A/Macomber,
Debbie
Breaking Dawn/Meyer, Stephenie
Eclipse/Meyer, Stephenie
New Moon Meyer, Stephenie
Twilight/Meyer, Stephenie
Ghosts of the Old West/Murray, Earl
Cross /Patterson, James
Dangerous Days of Daniel X, The Pat-
terson, James / Ledwidge, M
Lucky One, The/Sparks, Nicholas
Hot mahogany./Woods, Stuart.
When the soul mends/Woodsmall, Cindy.

Compact Discs, Music

Country's 20 Classic Gospel
How great Thou art
Voices
WOW Gospel. 2008
Together Forever Astley, Rick
Vivaldi/Bell, Joshua
22 of the Greatest Polkas/Floren, Myron
Essential Mozart Mozart, Wolfgang Ama-
deus,
Ultimate gospel/Presley, Elvis
Stravinsky Conducts Stravinsky/
Stravinsky, Igor

Compact Discs-Audio

Bad luck and trouble/Child, Lee. / Hill,
Dick. nrt.
Polar Shift/Cussler, Clive
Prior Bad Acts/Hoag, Tami / Bergmann,
Erik
On the RunJohansen,/ Iris / Dyck, J.Van
Moscow Vector, The/Ludlum, Robert /
Larkin, Patrick
School Days/Parker, Robert B. /
Mantegna, J



Library Continued

DVD'S

American in Paris, An
 Barkleys of Broadway, The
 Beowulf & Grendel
 Calamity Jane
 Dial M for Murder
 Father of the bride
 Follow the Fleet
 For Me and My Gal
 Gene Kelly anatomy of a dancer
 Iron Man
 Jekyll
 Let Freedom Ring
 Manchurian candidate, The
 Mean Guns V.1 – V.4
 Mildred Pierce
 Now, voyager
 On the town
 Pride & Prejudice
 Seven Years in Tibet
 Shall We Dance
 Singin' in the Rain
 Star Wars, A New Hope
 Star Wars, Return of the Jedi
 Star Wars, The Empire Strikes Back
 Swing Time
 Top Hat
 Towering Inferno / Volcano, The
 Van Damme Quadruple Feature
 Wild Hogs
 Give It Away Gaither Vocal Band

Because He Lives/Gaither, Bill & Gloria
 God Bless America/Gaither, Bill & Gloria
 Atonement/Wright, Joe



HONORING ALL WHO SERVED



IVH residents, staff,

and community invited

**ANNUAL VETERANS DAY
 OBSERVANCE**

TUESDAY, NOVEMBER 11,

10:30 AM

**MALLOY LRC OF THE IOWA VET-
 ERANS HOME**

**KEYNOTE SPEAKER: BRIGADIER
 GENERAL MARK E. ZIRKEL-
 BACH, IA ARMY NATIONAL
 GUARD**

Humor with Gerhardt

The Magician and the Parrot

A magician was working on a cruise ship in the Caribbean. The audience would be different each week, so the magician allowed himself to do the same tricks over and over again. There was only one problem. The captain's parrot saw the shows each week and began to understand how the magician did every trick. Once he understood he started shouting in the middle of the show: Parrot "Look, it's not the same hat." "Look, he is hiding the flowers under the table." "Hey, why are all the cards the ace of spades?" The magician was furious but couldn't do anything. It was, after all, the captain's parrot. One day the ship had an accident and sank. The magician found himself on a piece of wood in the middle of the ocean...with the parrot, of course.

**IF YOU READ
THIS PAPER,
YOU ARE
WELCOME TO
WRITE FOR
THIS PAPER!**

Poems, editorials, informative articles, entertaining articles, and photographs of general interest are all welcome!

(All copyrighted material MUST have written permission to copy.)

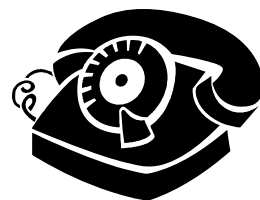
They stared at each other with hate, but did not utter a word. This went on for a day and another and another. After a week the parrot said: "Ok. I give up, where's the boat?"



That's rich...

Our Comment Line is
777. Please call us with
your comments, ideas or
suggestions about the
Stars 'n' Stripes. We'd
love to hear from you.

*For routine office
calls, Please use
extension 794.*



If you wish to be removed from our mailing list or know someone who would like to be added to our mailing list please contact us at 641-752-1501 ext 794 or email us at starsnstripes@yahoo.com

Cartoons and Humor



I found the perfect costume for Halloween. I will go as George Washington wearing a set of horse teeth.

B. Eilers



B. Eilers

Say... Could someone spare some new bandages or even borrow Tutankhamen's mask ?My in-laws are coming over, and I want to give a good impression.



Is it time for Halloween already ??

B. Eilers



Trick or Treat-see me replaced by my very distant relative, Paul on the dollar bill. That would really scare Wall Street.

B. Eilers

Quiet Reflections



Photo taken by Bill Eilers

Answers to Improving Your Vocabulary

1. Reject, disclaim
2. Perverse, misguided
3. Numerous, various

Editor-in-Chief: Ken Wilson

Managing Editor: Bill Eilers

Circulation Manager/Photos/Cartoonist: Bill Eilers

Contributing writers: Ken Wilson, Henry Hubbard, Marie Molloy and various IVH staff

News: 641-752-1501, ext. 794 or 641-752-1501, ext. 497. You can email us at ivhstarsnstripes@yahoo.com or leave a message on the comment line ext. 777



A newspaper is not just for reporting news, it's to get people mad enough to do something about it. -- *Mark Twain*

